

# On the distribution of the $\psi_2$ -norm of linear functionals on isotropic convex bodies

Joint work with G. Paouris and P. Valettas

Cortona 2011

June 16, 2011

## Isotropic convex bodies

A convex body  $K$  in  $\mathbb{R}^n$  is called isotropic if it has volume 1, it is centered (i.e. it has its center of mass at the origin), and there exists a constant  $L_K > 0$  such that

$$\int_K \langle x, \theta \rangle^2 dx = L_K^2$$

for every  $\theta \in S^{n-1}$ .

## Isotropic convex bodies

A convex body  $K$  in  $\mathbb{R}^n$  is called isotropic if it has volume 1, it is centered (i.e. it has its center of mass at the origin), and there exists a constant  $L_K > 0$  such that

$$\int_K \langle x, \theta \rangle^2 dx = L_K^2$$

for every  $\theta \in S^{n-1}$ .

## Hyperplane conjecture

There exists an absolute constant  $C > 0$  such that  $L_K \leq C$  for every isotropic convex body  $K$ .

**Bourgain:**  $L_K \leq c\sqrt[4]{n} \log n$ , **Klartag:**  $L_K \leq c\sqrt[4]{n}$ .

# Subgaussian directions

## $\psi_\alpha$ -norm

If  $\alpha \in [1, 2]$  and  $f : K \rightarrow \mathbb{R}$  is bounded, then

$$\|f\|_{\psi_\alpha} = \inf \left\{ b > 0 : \int_K \exp((|f(x)|/b)^\alpha) dx \leq 2 \right\}.$$

# Subgaussian directions

## $\psi_\alpha$ -norm

If  $\alpha \in [1, 2]$  and  $f : K \rightarrow \mathbb{R}$  is bounded, then

$$\|f\|_{\psi_\alpha} = \inf \left\{ b > 0 : \int_K \exp((|f(x)|/b)^\alpha) dx \leq 2 \right\}.$$

## Subgaussian directions

We say that  $\theta \in S^{n-1}$  is a subgaussian direction for  $K$  with constant  $r > 0$  if

$$\|\langle \cdot, \theta \rangle\|_{\psi_2} \leq r \|\langle \cdot, \theta \rangle\|_2 = rL_K.$$

# Subgaussian directions

## $\psi_\alpha$ -norm

If  $\alpha \in [1, 2]$  and  $f : K \rightarrow \mathbb{R}$  is bounded, then

$$\|f\|_{\psi_\alpha} = \inf \left\{ b > 0 : \int_K \exp((|f(x)|/b)^\alpha) dx \leq 2 \right\}.$$

## Subgaussian directions

We say that  $\theta \in S^{n-1}$  is a subgaussian direction for  $K$  with constant  $r > 0$  if

$$\|\langle \cdot, \theta \rangle\|_{\psi_2} \leq r \|\langle \cdot, \theta \rangle\|_2 = rL_K.$$

Equivalent description: for all  $t \geq 1$ ,

$$|\{x \in K : |\langle x, \theta \rangle| \geq ctL_K\}| \leq e^{-\frac{t^2}{r^2}}.$$

## Question (existence)

Milman

Does every isotropic convex body  $K$  have at least one subgaussian direction with constant  $r \leq C$ ?

# Question (existence)

Milman

Does every isotropic convex body  $K$  have at least one subgaussian direction with constant  $r \leq C$ ?

Unconditional case: Bobkov-Nazarov

If  $K$  is an isotropic 1-unconditional convex body in  $\mathbb{R}^n$ , then

$$\|\langle \cdot, \theta \rangle\|_{\psi_2} \leq c\sqrt{n}\|\theta\|_{\infty}$$

for every  $\theta \in S^{n-1}$ .

Then, the diagonal direction is a subgaussian direction.



## Theorem (G-Paouris-Valettas)

Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ . There exists  $\theta \in S^{n-1}$  such that

$$|\{x \in K : |\langle x, \theta \rangle| \geq ctL_K\}| \leq e^{-\frac{t^2}{\log(t+1)}}$$

for all  $t \geq 1$ , where  $c > 0$  is an absolute constant.

## Theorem (G-Paouris-Valettas)

Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ . There exists  $\theta \in S^{n-1}$  such that

$$|\{x \in K : |\langle x, \theta \rangle| \geq ctL_K\}| \leq e^{-\frac{t^2}{\log(t+1)}}$$

for all  $t \geq 1$ , where  $c > 0$  is an absolute constant.

There were previous results by [Klartag](#) and [G-Pajor-Paouris](#) in 2006.

## Answer in the general case

### Theorem (G-Paouris-Valettas)

Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ . There exists  $\theta \in S^{n-1}$  such that

$$|\{x \in K : |\langle x, \theta \rangle| \geq ctL_K\}| \leq e^{-\frac{t^2}{\log(t+1)}}$$

for all  $t \geq 1$ , where  $c > 0$  is an absolute constant.

There were previous results by Klartag and G-Pajor-Paouris in 2006.

### Equivalent form

There exists  $\theta \in S^{n-1}$  such that

$$\|\langle \cdot, \theta \rangle\|_{\psi_2} \leq c\sqrt{\log n}L_K.$$

# The body $\Psi_2(K)$

## $\Psi_2(K)$

We define a convex body  $\Psi_2(K)$  with support function

$$h_{\Psi_2(K)}(\theta) := \sup_{2 \leq q \leq n} \frac{\|\langle \cdot, \theta \rangle\|_q}{\sqrt{q}}.$$

One can check that

$$h_{\Psi_2(K)}(\theta) \simeq \|\langle \cdot, \theta \rangle\|_{\psi_2}.$$

# The body $\Psi_2(K)$

## $\Psi_2(K)$

We define a convex body  $\Psi_2(K)$  with support function

$$h_{\Psi_2(K)}(\theta) := \sup_{2 \leq q \leq n} \frac{\|\langle \cdot, \theta \rangle\|_q}{\sqrt{q}}.$$

One can check that

$$h_{\Psi_2(K)}(\theta) \simeq \|\langle \cdot, \theta \rangle\|_{\psi_2}.$$

## Theorem (G-Paouris-Valettas)

Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ . Then,

$$c_1 L_K \leq \left( \frac{|\Psi_2(K)|}{|B_2^n|} \right)^{1/n} \leq c_2 \sqrt{\log n} L_K,$$

where  $c_1, c_2 > 0$  are absolute constants.

## Definition

For every  $q \geq 1$  and  $y \in \mathbb{R}^n$  we define

$$h_{Z_q(K)}(y) := \|\langle \cdot, y \rangle\|_{L_q(K)} = \left( \int_K |\langle x, y \rangle|^q dx \right)^{1/q}.$$

## Definition

For every  $q \geq 1$  and  $y \in \mathbb{R}^n$  we define

$$h_{Z_q(K)}(y) := \|\langle \cdot, y \rangle\|_{L_q(K)} = \left( \int_K |\langle x, y \rangle|^q dx \right)^{1/q}.$$

## Basic facts

- $K$  is isotropic if and only if  $Z_2(K) = L_K B_2^n$ .
- $Z_1(K) \subseteq Z_p(K) \subseteq Z_q(K) \subseteq Z_\infty(K)$  for every  $1 \leq p \leq q \leq \infty$ , where  $Z_\infty(K) = \text{conv}\{K, -K\}$ .
- $Z_q(K) \subseteq c_p^q Z_p(K)$  for all  $1 \leq p < q$ .
- If  $K$  is centered, then  $Z_q(K) \supseteq c_1 K$  for all  $q \geq n$ .

# Covering numbers of $Z_q(K)$

## Theorem (G-Paouris-Valettas)

Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ , let  $1 \leq q \leq n$  and  $t \geq 1$ . Then,

$$\log N(Z_q(K), c_1 t \sqrt{q} L_K B_2^n) \leq c_2 \frac{n}{t^2} + c_3 \frac{\sqrt{qn}}{t},$$

where  $c_1, c_2, c_3 > 0$  are absolute constants.

Note that the upper bound is of the order  $n/t^2$  if  $t \leq \sqrt{n/q}$  and of the order  $\sqrt{qn}/t$  if  $t \geq \sqrt{n/q}$ .



# Covering numbers of projections

In an analogous way we can obtain upper bounds for the covering numbers of  $P_F(Z_q(K))$ , where  $F \in G_{n,k}$ .

## Proposition

Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ . For every  $1 \leq q < k \leq n$ , for every  $F \in G_{n,k}$  and every  $t \geq 1$ , we have

$$\log N(P_F(Z_q(K)), t\sqrt{q}L_K B_F) \leq \frac{c_1 k}{t^2} + \frac{c_2 \sqrt{qk}}{t},$$

where  $c_1, c_2 > 0$  are absolute constants. Also, for every  $k \leq q \leq n$ ,  $F \in G_{n,k}$  and  $t \geq 1$ ,

$$\log N(P_F(Z_q(K)), t\sqrt{q}L_K B_F) \leq \frac{c_3 \sqrt{qk}}{t},$$

where  $c_3 > 0$  is an absolute constant.

Using these bounds we can prove the existence of directions with relatively small  $\psi_2$ -norm on any subspace of  $\mathbb{R}^n$ . The dependence is better as the dimension increases.

### Theorem (G-Paouris-Valettas)

Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ .

- For every  $1 \leq k \leq n/\log n$  and every  $F \in G_{n,k}$ , there exists  $\theta \in S_F$  such that

$$\|\langle \cdot, \theta \rangle\|_{\psi_2} \leq C \sqrt{n/k} L_K$$

- For every  $n/\log n \leq k \leq n$  and every  $F \in G_{n,k}$ , there exists  $\theta \in S_F$  such that

$$\|\langle \cdot, \theta \rangle\|_{\psi_2} \leq C \sqrt{\log n} L_K.$$

# Sketch of the proof

We consider the convex body

$$T = \text{conv} \left( \bigcup_{i=1}^{\lfloor \log_2 n \rfloor} \frac{Z_{2^i}(K)}{2^{i/2} L_K} \right) \simeq \Psi_2(K).$$

**Our aim:** to show that  $N(P_F(T), \sqrt{n/k} B_F) \leq e^{ck}$ .

# Sketch of the proof

We consider the convex body

$$T = \text{conv} \left( \bigcup_{i=1}^{\lfloor \log_2 n \rfloor} \frac{Z_{2^i}(K)}{2^{i/2} L_K} \right) \simeq \Psi_2(K).$$

**Our aim:** to show that  $N(P_F(T), \sqrt{n/k} B_F) \leq e^{ck}$ . Then,

$$|P_F(T)| \leq |C \sqrt{n/k} B_F|,$$

# Sketch of the proof

We consider the convex body

$$T = \text{conv} \left( \bigcup_{i=1}^{\lfloor \log_2 n \rfloor} \frac{Z_{2^i}(K)}{2^{i/2} L_K} \right) \simeq \Psi_2(K).$$

**Our aim:** to show that  $N(P_F(T), \sqrt{n/k} B_F) \leq e^{ck}$ . Then,

$$|P_F(T)| \leq |C \sqrt{n/k} B_F|,$$

and hence, there exists  $\theta \in S_F$  such that

$$h_T(\theta) = h_{P_F(T)}(\theta) \leq C \sqrt{n/k},$$

# Sketch of the proof

We consider the convex body

$$T = \text{conv} \left( \bigcup_{i=1}^{\lfloor \log_2 n \rfloor} \frac{Z_{2^i}(K)}{2^{i/2} L_K} \right) \simeq \Psi_2(K).$$

**Our aim:** to show that  $N(P_F(T), \sqrt{n/k} B_F) \leq e^{ck}$ . Then,

$$|P_F(T)| \leq |C \sqrt{n/k} B_F|,$$

and hence, there exists  $\theta \in S_F$  such that

$$h_T(\theta) = h_{P_F(T)}(\theta) \leq C \sqrt{n/k},$$

which implies

$$\|\langle \cdot, \theta \rangle\|_{L_q(K)} \leq C \sqrt{q} \sqrt{n/k} L_K$$

for every  $1 \leq q = 2^i \leq n$ .

## Sketch of the proof (contd.)

Recall that we want to show that  $N(P_F(T), \sqrt{n/k}B_F) \leq e^{ck}$ , where

$$P_F(T) = \text{conv} \left( \bigcup_{i=1}^{\lfloor \log_2 n \rfloor} P_F \left( \frac{Z_{2^i}(K)}{2^{i/2}L_K} \right) \right).$$

## Sketch of the proof (contd.)

Recall that we want to show that  $N(P_F(T), \sqrt{n/k}B_F) \leq e^{ck}$ , where

$$P_F(T) = \text{conv} \left( \bigcup_{i=1}^{\lfloor \log_2 n \rfloor} P_F \left( \frac{Z_{2^i}(K)}{2^{i/2}L_K} \right) \right).$$

We will use a standard fact: If  $A_1, \dots, A_s$  are subsets of  $RB_2^k$ , then for every  $t > 0$  we have

$$N(\text{conv}(A_1 \cup \dots \cup A_s), 2tB_2^k) \leq \left( \frac{cR}{t} \right)^s \prod_{i=1}^s N(A_i, tB_2^k).$$



## Sketch of the proof (contd.)

- We apply this to the sets  $A_i = P_F \left( \frac{Z_{2^i}(K)}{2^{i/2} L_K} \right)$ .

Then, for every  $t \geq 1$  we can write

$$\begin{aligned} N(P_F(T), 2tB_F) &\leq (c_2\sqrt{n})^{\lfloor \log_2 n \rfloor} \left[ \prod_{i=1}^{\lfloor \log_2 n \rfloor} N \left( P_F \left( \frac{Z_{2^i}(K)}{2^{i/2} L_K} \right), tB_F \right) \right] \\ &\leq e^{c_3 \log^2 n} \exp \left( C \sum_{i=1}^{\lfloor \log_2 n \rfloor} \frac{2^{i/2} \sqrt{k}}{t} + C \sum_{t^2 \leq 2^i \leq k} \frac{k}{t^2} \right) \\ &\leq e^{c_3 \log^2 n} \exp \left( C \frac{\sqrt{nk}}{t} + C \frac{k}{t^2} \log(k/t^2) \right), \end{aligned}$$

where the second term appears only if  $k \geq ct^2$ .

## Sketch of the proof (contd.)

- We apply this to the sets  $A_i = P_F \left( \frac{Z_{2^i}(K)}{2^{i/2} L_K} \right)$ .

Then, for every  $t \geq 1$  we can write

$$\begin{aligned} N(P_F(T), 2tB_F) &\leq (c_2\sqrt{n})^{\lfloor \log_2 n \rfloor} \left[ \prod_{i=1}^{\lfloor \log_2 n \rfloor} N \left( P_F \left( \frac{Z_{2^i}(K)}{2^{i/2} L_K} \right), tB_F \right) \right] \\ &\leq e^{c_3 \log^2 n} \exp \left( C \sum_{i=1}^{\lfloor \log_2 n \rfloor} \frac{2^{i/2} \sqrt{k}}{t} + C \sum_{t^2 \leq 2^i \leq k} \frac{k}{t^2} \right) \\ &\leq e^{c_3 \log^2 n} \exp \left( C \frac{\sqrt{nk}}{t} + C \frac{k}{t^2} \log(k/t^2) \right), \end{aligned}$$

where the second term appears only if  $k \geq ct^2$ . **Choose**  $t_0 = \sqrt{n/k}$ .

## Question (distribution)

$\psi_K(t)$

We introduce the function

$$\psi_K(t) := \sigma \left( \{ \theta \in S^{n-1} : h_{\psi_2(K)}(\theta) \leq ct \sqrt{\log n L_K} \} \right).$$

The problem is to give lower bounds for  $\psi_K(t)$ ,  $t \geq 1$ .

## Question (distribution)

$\psi_K(t)$

We introduce the function

$$\psi_K(t) := \sigma \left( \{ \theta \in S^{n-1} : h_{\Psi_2(K)}(\theta) \leq ct \sqrt{\log n L_K} \} \right).$$

The problem is to give lower bounds for  $\psi_K(t)$ ,  $t \geq 1$ .

A measure estimate (G-Paouris-Valettas)

Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ . For every  $t \geq 1$  we have

$$\psi_K(t) \geq \exp(-cn/t^2),$$

where  $c > 0$  is an absolute constant.

# Sketch of the proof

Recall that for every  $F \in G_{n,k}$  there exists  $\theta \in S_F$  such that

$$\|\langle \cdot, \theta \rangle\|_{\psi_2} \leq C \sqrt{n/k} L_K.$$

# Sketch of the proof

Recall that for every  $F \in G_{n,k}$  there exists  $\theta \in S_F$  such that

$$\|\langle \cdot, \theta \rangle\|_{\psi_2} \leq C \sqrt{n/k} L_K.$$

Given  $t \geq 1$ , we solve the equation  $t = \sqrt{n/k}$  in  $k$ .

## Sketch of the proof

Recall that for every  $F \in G_{n,k}$  there exists  $\theta \in S_F$  such that

$$\|\langle \cdot, \theta \rangle\|_{\psi_2} \leq C \sqrt{n/k} L_K.$$

Given  $t \geq 1$ , we solve the equation  $t = \sqrt{n/k}$  in  $k$ .

Then, we know that the set

$$A = \{\theta \in S^{n-1} : h_{\Psi_2(K)}(\theta) \leq ct\sqrt{\log n}L_K\}$$

intersects  $S_F$  for every  $F \in G_{n,k}$ .

## Sketch of the proof (contd.)

### Simple lemma

Let  $1 \leq k \leq n$  and let  $A$  be a subset of  $S^{n-1}$  which satisfies  $A \cap F \neq \emptyset$  for every  $F \in G_{n,k}$ . Then, for every  $\varepsilon > 0$  we have

$$\sigma(A_\varepsilon) \geq \frac{1}{2} \left(\frac{\varepsilon}{2}\right)^{k-1},$$

where  $A_\varepsilon = \{y \in S^{n-1} : \inf\{\|y - \theta\|_2 : \theta \in A\} \leq \varepsilon\}$ .



## Sketch of the proof (contd.)

### Simple lemma

Let  $1 \leq k \leq n$  and let  $A$  be a subset of  $S^{n-1}$  which satisfies  $A \cap F \neq \emptyset$  for every  $F \in G_{n,k}$ . Then, for every  $\varepsilon > 0$  we have

$$\sigma(A_\varepsilon) \geq \frac{1}{2} \left(\frac{\varepsilon}{2}\right)^{k-1},$$

where  $A_\varepsilon = \{y \in S^{n-1} : \inf\{\|y - \theta\|_2 : \theta \in A\} \leq \varepsilon\}$ .

We apply the Lemma with  $\varepsilon = \frac{1}{\sqrt{k}}$ . If  $y \in A_\varepsilon$ , then

$$\|\langle \cdot, y \rangle\|_{\psi_2} \leq C \sqrt{n/k} L_K \simeq tL_K.$$

# Sketch of the proof (contd.)

## Simple lemma

Let  $1 \leq k \leq n$  and let  $A$  be a subset of  $S^{n-1}$  which satisfies  $A \cap F \neq \emptyset$  for every  $F \in G_{n,k}$ . Then, for every  $\varepsilon > 0$  we have

$$\sigma(A_\varepsilon) \geq \frac{1}{2} \left(\frac{\varepsilon}{2}\right)^{k-1},$$

where  $A_\varepsilon = \{y \in S^{n-1} : \inf\{\|y - \theta\|_2 : \theta \in A\} \leq \varepsilon\}$ .

We apply the Lemma with  $\varepsilon = \frac{1}{\sqrt{k}}$ . If  $y \in A_\varepsilon$ , then

$$\|\langle \cdot, y \rangle\|_{\psi_2} \leq C \sqrt{n/k} L_K \simeq tL_K.$$

Note that

$$\sigma(A_\varepsilon) \geq e^{-c_1 k \log k} \geq e^{-c_2 n/t^2}.$$

# Sketch of the proof (contd.)

## Simple lemma

Let  $1 \leq k \leq n$  and let  $A$  be a subset of  $S^{n-1}$  which satisfies  $A \cap F \neq \emptyset$  for every  $F \in G_{n,k}$ . Then, for every  $\varepsilon > 0$  we have

$$\sigma(A_\varepsilon) \geq \frac{1}{2} \left(\frac{\varepsilon}{2}\right)^{k-1},$$

where  $A_\varepsilon = \{y \in S^{n-1} : \inf\{\|y - \theta\|_2 : \theta \in A\} \leq \varepsilon\}$ .

We apply the Lemma with  $\varepsilon = \frac{1}{\sqrt{k}}$ . If  $y \in A_\varepsilon$ , then

$$\|\langle \cdot, y \rangle\|_{\psi_2} \leq C \sqrt{n/k} L_K \simeq t L_K.$$

Note that

$$\sigma(A_\varepsilon) \geq e^{-c_1 k \log k} \geq e^{-c_2 n/t^2}.$$

It follows that

$$\psi_K(t) \geq \sigma(A_\varepsilon) \geq e^{-c_2 n/t^2}.$$

## Theorem (G-Paouris-Valettas)

Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ . For every  $t \geq c_1 \sqrt[4]{n} / \sqrt{\log n}$  one has

$$\psi_K(t) \geq 1 - e^{-c_2 t^2 \log n},$$

where  $c_1, c_2 > 0$  are absolute constants.

## Theorem (G-Paouris-Valettas)

Let  $K$  be an isotropic convex body in  $\mathbb{R}^n$ . For every  $t \geq c_1 \sqrt[4]{n} / \sqrt{\log n}$  one has

$$\psi_K(t) \geq 1 - e^{-c_2 t^2 \log n},$$

where  $c_1, c_2 > 0$  are absolute constants.

This follows from the estimate

$$w(\Psi_2(K)) \leq c \sqrt[4]{n} L_K.$$

Since  $h_{\Psi_2(K)}$  is  $\sqrt{n} L_K$ -Lipschitz, we have that

$$\sigma\left(\{\theta \in S^{n-1} : h_{\Psi_2(K)}(\theta) - w(\Psi_2(K)) \geq sw(\Psi_2(K))\}\right) \leq e^{-cns^2 \left(\frac{w(\Psi_2(K))}{\sqrt{n} L_K}\right)^2}.$$

Deeper understanding of the function  $\psi_K(t)$  would have important applications.

## Problem

To give an upper bound for the mean width of an isotropic convex body  $K$  in  $\mathbb{R}^n$ .

- From the inclusion  $K \subseteq [(n+1)L_K]B_2^n$ , one has the obvious bound  $w(K) \leq cnL_K$ .

Deeper understanding of the function  $\psi_K(t)$  would have important applications.

## Problem

To give an upper bound for the mean width of an isotropic convex body  $K$  in  $\mathbb{R}^n$ .

- From the inclusion  $K \subseteq [(n+1)L_K]B_2^n$ , one has the obvious bound  $w(K) \leq cnL_K$ .
- It is known that

$$w(K) \leq cn^{3/4}L_K.$$

Several approaches: [Hartzoulaki](#), [Pivovarov](#), “ $Z_q$ -bound”.

Deeper understanding of the function  $\psi_K(t)$  would have important applications.

## Problem

To give an upper bound for the mean width of an isotropic convex body  $K$  in  $\mathbb{R}^n$ .

- From the inclusion  $K \subseteq [(n+1)L_K]B_2^n$ , one has the obvious bound  $w(K) \leq cnL_K$ .
- It is known that

$$w(K) \leq cn^{3/4}L_K.$$

Several approaches: [Hartzoulaki](#), [Pivovarov](#), “ $Z_q$ -bound”.

- None of them leads to an exponent smaller than  $3/4$ .



We are interested in

$$w(K) = \int_{S^{n-1}} h_K(\theta) d\sigma(\theta).$$

We are interested in

$$w(K) = \int_{S^{n-1}} h_K(\theta) d\sigma(\theta).$$

Observe that

$$h_K(\theta) \simeq \|\langle \cdot, \theta \rangle\|_{L_n(K)} \leq c\sqrt{n} \|\langle \cdot, \theta \rangle\|_{\psi_2}.$$

## Connection with $\psi_K(t)$

We are interested in

$$w(K) = \int_{S^{n-1}} h_K(\theta) d\sigma(\theta).$$

Observe that

$$h_K(\theta) \simeq \|\langle \cdot, \theta \rangle\|_{L_n(K)} \leq c\sqrt{n} \|\langle \cdot, \theta \rangle\|_{\psi_2}.$$

The question is to solve the equation  $\psi_K(t) = 1 - \frac{1}{n}$  in  $t$ .

We are interested in

$$w(K) = \int_{S^{n-1}} h_K(\theta) d\sigma(\theta).$$

Observe that

$$h_K(\theta) \simeq \|\langle \cdot, \theta \rangle\|_{L_n(K)} \leq c\sqrt{n} \|\langle \cdot, \theta \rangle\|_{\psi_2}.$$

The question is to solve the equation  $\psi_K(t) = 1 - \frac{1}{n}$  in  $t$ .

Our estimates:

- $\psi_K(t) \geq \exp(-cn/t^2)$  for all  $t \geq 1$ .
- $\psi_K(t) \geq 1 - e^{-c_2 t^2 \log n}$  for all  $t \geq c_1 \sqrt[4]{n} / \sqrt{\log n}$ .

## Minimal surface area position

- A convex body  $K$  of volume 1 has *minimal surface area* if  $\partial(K) \leq \partial(TK)$  for every  $T \in SL(n)$ .

## Minimal surface area position

- A convex body  $K$  of volume 1 has *minimal surface area* if  $\partial(K) \leq \partial(TK)$  for every  $T \in SL(n)$ .
- **Petty**:  $K$  has minimal surface area if and only if  $\sigma_K$  is isotropic.

## Minimal surface area position

- A convex body  $K$  of volume 1 has *minimal surface area* if  $\partial(K) \leq \partial(TK)$  for every  $T \in SL(n)$ .
- **Petty**:  $K$  has minimal surface area if and only if  $\sigma_K$  is isotropic.
- Equivalently, if

$$\partial(K) = n \int_{S^{n-1}} \langle u, \theta \rangle^2 \sigma_K(du)$$

for every  $\theta \in S^{n-1}$ .

## Minimal surface area position

- A convex body  $K$  of volume 1 has *minimal surface area* if  $\partial(K) \leq \partial(TK)$  for every  $T \in SL(n)$ .
- **Petty**:  $K$  has minimal surface area if and only if  $\sigma_K$  is isotropic.
- Equivalently, if

$$\partial(K) = n \int_{S^{n-1}} \langle u, \theta \rangle^2 \sigma_K(du)$$

for every  $\theta \in S^{n-1}$ .

## Question

How large can  $w(K)$  be when  $K$  has volume 1 and minimal surface area?



## Theorem (Markessinis-Paouris-Saroglou)

Let  $K$  be a symmetric convex body of volume 1 in  $\mathbb{R}^n$  which has minimal surface area. Then,

$$w(K) \leq C \frac{n^{3/2}}{\partial_K}.$$

## Theorem (Markessinis-Paouris-Saroglou)

Let  $K$  be a symmetric convex body of volume 1 in  $\mathbb{R}^n$  which has minimal surface area. Then,

$$w(K) \leq C \frac{n^{3/2}}{\partial_K}.$$

Since  $\partial_K \geq c\sqrt{n}$ , we get  $w(K) \leq Cn$ .

## Answer in the symmetric case

### Theorem (Markessinis-Paouris-Saroglou)

Let  $K$  be a symmetric convex body of volume 1 in  $\mathbb{R}^n$  which has minimal surface area. Then,

$$w(K) \leq C \frac{n^{3/2}}{\partial_K}.$$

Since  $\partial_K \geq c\sqrt{n}$ , we get  $w(K) \leq Cn$ .

### The result is sharp

There exists an unconditional convex body  $Q$  of volume 1 in  $\mathbb{R}^n$  which has minimal surface area and satisfies

$$w(Q) \geq \frac{cn}{\log n}.$$

## Answer in the symmetric case

### Theorem (Markessinis-Paouris-Saroglou)

Let  $K$  be a symmetric convex body of volume 1 in  $\mathbb{R}^n$  which has minimal surface area. Then,

$$w(K) \leq C \frac{n^{3/2}}{\partial_K}.$$

Since  $\partial_K \geq c\sqrt{n}$ , we get  $w(K) \leq Cn$ .

### The result is sharp

There exists an unconditional convex body  $Q$  of volume 1 in  $\mathbb{R}^n$  which has minimal surface area and satisfies

$$w(Q) \geq \frac{cn}{\log n}.$$

Actually,  $Q := a\overline{B}_1^k \times bC_m$  for suitable  $a, b > 0$ .